I'm not a bot

Skip to Content Home / Blog / Baby Gear / How To Face Baby Out in the 360 Baby Carrier When your baby is about 5-6 months old and has strong head and neck control, you can try to face baby out in the All Position 360 Baby Carrier or the Omni 360 Baby Carrier. Be sure to watch for signs of over-stimulation and if baby gets sleepy, turn them back in (facing you). Our message is simple: follow your babys lead and respond to her cues. We acknowledge that parents know their babies best, so choose the position that works for you and your family. Once you've decided that facing your baby out is right for your baby, be sure to follow the tips below (not-so-subtle hint: USE THE GREY BUTTONS!) Shop Omni 360 Baby Carriers 2003-2025 Ergobaby Celebrating 20 Years Skip to Content Home / FAQs / Hip Seat / How old should baby be in order to carry them in each carry position? Published in Hip Seat Beginning around 4 months (min 12 lbs), when baby has good head and neck control, the Ergobaby Hip Seat with removable panel can be used in the front carry parent facing and outward facing. Beginning around 6 months (min 17.2 lbs), when baby can sit on their own, baby can be carried in the back carry. They can also be carried with just the hip seat in parent facing, outward facing and hip. 2003-2025 Ergobaby Celebrating 20 Years Reddit and its partners use cookies and similar technologies to provide you with a better experience. By accepting all cookies, you agree to our use of cookies to deliver and maintain our services and site, improve the quality of Reddit, personalize Reddit content and advertising, and measure the effectiveness of advertising. By rejecting non-essential cookies, Reddit may still use certain cookies to ensure the proper functionality of our platform. For more information, please see our Cookie Notice and our Privacy Policy. Skip to Content Home / FAQs / Embrace / When is baby ready to be worn in the Baby Mode - Facing Out carry position? Published in Embrace Every baby develops differently. You can start wearing your baby facing out once your baby demonstrates all the following: strong head and neck control, starts showing interest in the world around them, chin above the carrier panel, and taller than 26 in/66 cm. This is usually around 5-6 months. If baby gets sleepy or shows signs of overstimulation, turn baby around to face you. Therefore, we recommend the Facing Out position to be used for shorter durations of carrying only, so around 20 minutes. Baby should be removed completely from the carrier for repositioning. around 5 months You can start wearing your baby facing out once your baby demonstrates strong head and neck control, with his chin above the carrier body, and weighs 14 lbs minimum (6.4 kg). This is usually around 5 months.Can you wear Ergobaby facing out?You can start wearing your baby facing out once your baby demonstrates strong head and neck control, with his chin above the carrier panel). Do not use a pillow to prop baby up. If baby gets sleepy or shows signs of overstimulation, turn baby around to face you.When can I face my baby outwards in a carrier?between 4 and 6 monthsAs soon as your baby can hold their head up steadily, usually between 4 and 6 months, you can turn them out to face out in your baby carrier. Some babies cant wait to get a better view of the world, while others may prefer the cozier snuggling position of facing inward for a little while longer.How big do babies have to be to face forward?While 1 year and 20 pounds used to be the standard for when to flip car seats around, most experts now recommend using rear-facing child seats until children outgrow the top weight and height recommendations of the car seat manufacturer.When can babies face forward in 2021?age 2The AAP now recommends that kids sit rear-facing until at least age 2. NHTSA now recommends: Your child should remain in a rear-facing car seat until he or she reaches the top height or weight limit allowed by your car seats manufacturer.How do I wear my Ergo 360 Omni front facing?How to Wear Ergobaby Omni 360: Front (Facing In) YouTubeCan my 1 year old sit in a front facing car seat?The law intends that children should travel rear-facing until they are 15 months old. We would recommend that this should be the minimum age for a toddler to move into a forward-facing car seat.How long should a child be rear-facing?According to the AAP and the National Highway Traffic Safety Administration (NHTSA), children up to 3 years old should stay in a rear-facing car seat until they reach the top height or weight limit suggested by the car seats manufacturer.When can baby forward face Omni 360?about 5-6 months oldWhen your baby is about 5-6 months old and has strong head and neck control, you can try to face baby out in the All Position 360 Baby Carrier or the Omni 360 Baby Carrier.Can baby sleep in front facing carrier?Once her neck muscles are strong enough to steadily support her head, typically between 4-6 months old, then you can safely face her forward in your cute pink baby carrier (or whatever color you have for your baby girl or boy).Can a 9 month old sit forward-facing?Forward-facing car seat ageLegally, your child can travel in an ECE R44/04 approved car seat facing forward once they are 9 kg, which is approximately age nine months.Can my 18 month old sit forward-facing?The AAP now recommends that kids sit rear-facing until at least age 2 and for longer if possible. NHTSA now recommends: Your child should remain in a rear-facing car seat until he or she reaches the top height or weight limit allowed by your car seats manufacturer.What age does the 2 hour car seat rule end?The advice is not to use car seats for longer than 30 minutes for babies younger than four weeks and not using car seats for more than two hours in one go for babies of all ages (The Lullaby Trust, 2016).How much safer is rear facing than forward-facing?Car seat research has shown that children up to 23 months old are about 75 percent less likely to die or sustain serious injury in a rear-facing car seat than a forward-facing one. Thats because a rear-facing seat spreads the crash force more evenly across the back of the car seat and the childs body.Are front facing baby carriers safe?Little babies should never be placed in a position that can compromise their airways. The US Consumer Products Safety Commission recently passed a law that the warning labels of forward-facing carriers must state that babies should not face out until adequate head/neck control is acheived.Does the baby Bjorn cause hip dysplasia?Dr. Charles T. Price, the director of the International Hip Dysplasia Institute, has this to say about baby carriers and hip dysplasia: There is no evidence that any product in which a child or infant is carried causes hip dysplasia.Can I put my 8 month old in a forward facing car seat?Many parents want to know the right age for a forward-facing car seat, but this is not as straightforward as it may seem. Legally, your child can travel in an ECE R44/04 approved car seat facing forward once they are 9 kg, which is approximately age nine months.How much should a baby weigh to face forward in 2021?How long should a child stay rear-facing?How do you take a baby on a long road trip?10 Tips for road-tripping with a babyGet as Much Practice as Possible. Be Reasonable With Your Itinerary. Bring Pumping Supplies or Extra Formula. Car Seat Additions. Pack a Travel Bag. Expect a Few Diaper Blowouts. Prepare for Frequent Stops. For Mom Take Care of YOU.How long can a 4 month old baby be in a car seat?2 hoursThere is no published evidence that states how long babies should stay in a car seat when travelling. However, infant healthcare professionals, safety experts and most car manufacturers recommend that babies should not be in a car seat for longer than 2 hours at a time and they should be taken out frequently.How long should a baby stay rear facing?Can my 18 month old sit forward facing?How can I prevent my baby from getting hip dysplasia?Therefore, the International Hip Dysplasia Institute recommends inward-facing carrying for the first six-months of infancy to promote optimum hip development. While outward-facing may not be harmful, the inward-facing position is acknowledged as hip healthy.Is ERGObaby safe for hips?Now the International Hip Dysplasia Institute has issued a statement that recommends the use of a baby carrier that supports a natural seated position, with the thigh supported at the knee joint, such as ERGObaby, as the best carrier to promote healthy hip positioning. Skip to Content Home / FAQs / Omni 360 / When is baby ready to face out? Published in Omni 360 Every baby develops differently. You can start wearing your baby facing out once your baby demonstrates strong head and neck control, with his chin above the carrier body, and weighs 14 lbs minimum (6.4 kg). This is usually around 5 months. Do not use a pillow to prop baby up. Make sure to narrow the seat when baby is facing out: adjust the button seats to the inner grey buttons for the Omni 360 Cotton carriers, and adjust the slider adjustments to the inner setting (toward the center) for the Omni 360 Cool Air Mesh carriers. If baby gets sleepy or shows signs of overstimulation, turn baby around to face you. 2003-2025 Ergobaby Celebrating 20 Years Front Carry - Facing Parent ~0+ Months (with infant insert) / Front Carry - Facing Out ~5+ Months Front Inward / Front outward carry: Centered in lower back Quick check: The two webbing straps on each side of the waistbelt should be of even length to ensure proper centered position of the lumbar support Hip carry: Centered in lower back The two webbing straps on each side of the waistbelt will not be even in length. Back carry: Centered in abdomen Quick check: The two webbing straps on each side of the waistbelt should be of even length to ensure proper centered position of the lumbar support The All Positions 360 Cool Air Mesh Baby Carrier offers parents and babies the same comfort and ergonomics as our cotton All Positions 360 carriers, with the added benefit of a cooler design, ideal for an active lifestyle or warmer climates. Its breathable, double sided, 3D Air Mesh fabric panel and mesh lining keeps baby and parent cool thanks to more airflow. 360 Cool Air Mesh carrier is made of 100% Polyester fabric that is machine washable, easy to dry and easy to take care of, while our other 360 carriers are made of 100% Premium Cotton fabric. Both the All Positions 360 carrier in cotton and Cool Air Mesh have a lumbar support waistband with buckle. However, some of our older models may have a Velcro waistband instead. Carrying isn't a mandate, but rather the most simple, healthy and easy way to transport a child while promoting a strong bond between the parent and the child. Parents and children should together determine which position and duration is preferred and most comfortable. Follow your baby's lead and respond to her cues. As with all Ergobaby baby carriers, the 360 All Positions carrier can be used from birth (with the Ergobaby Infant Insert) up to approx. 45 lbs. (3.2 to 20 kg). The child's weight is evenly distributed between the shoulders and waist ensuring long, comfortable periods of carrying. The 360 All Positions carrier can be used with our unique, infant insert to carry your baby from birth (starting at 7 lbs./3.2 kg and above). We recommend for the 360 All Positions carrier only be used to carry children in the 'facing out' position once they are 5 months or older, and even then only for short periods of time. Prior to that, the 'facing in' position on the parent's chest is the preferred and most comfortable solution. Yes, as with all of our Ergobaby Carriers, it includes safety mechanisms on the hip and shoulder belts. It was developed in collaboration with midwives and baby carrier consultants and extensively tested with parents of babies ranging in age from newborn to 4 years of age. Parents know their children and are in the best position to decide the optimal way to wear their children. Various factors should influence this decision such as the setting, the child's mood, and the approximate carrying time. The 360 All Positions carrier allows you to quickly change between facing in or facing out when circumstances and situations change. We recommend that the 'facing out' position be used when baby has 1) demonstrated proper head and neck control and 2) Can sit up right, unassisted. Midwives and baby wearing consultants appreciate having a truly ergonomic carrier to recommend to parents. They feel comfortable recommending the facing out position for babies 5 months and older. They suggest the 'facing out' position be used for short periods of time. It is our hope that the 360 All Positions carrier may inspire more parents to try and embrace baby wearing without losing sight of the ergonomic aspect for their babies and themselves. Yes you can! Just make sure you support your baby securely as you switch between the black/grey buttons on the bucket seat. Although we have designed the carrier to distribute baby's weight as well as possible, parents will always find baby facing in, hip, and back positions more comfortable.This is due to the weight of the baby resting on the parent instead of away from the parent like they do when 'facing out'. If parents become uncomfortable when baby is facing out, they can quickly and easily transition their baby to any of the other carry positions. Yes, the Ergobaby 360 Carrier ensures that babies are seated in the ergonomically correct, "M" position with knees even to or higher than hips, and a rounded spine. This is true for all 4 carry positions. The bucket seat ensures baby's back will be curved not arched, allowing baby to always be seated ergonomically in all four carry positions. The seat also allows the baby's bottom to be fully supported and prevents pressure on baby's crotch area. Once your baby can see above the front panel of the carrier, has strong head & neck control, and has a natural curiosity to see and interact with the world, they are ready for front-outward carry. We recommend starting with short durations (5-10 minutes) to prevent over-stimulation. If baby shows signs of over-stimulation (zoned out, catatonic, fussy, tired) or sleepiness, just turn them back around to face you so they can find comfort and rest. As one of the leading manufacturers of baby carriers, we knew that any solution we created had to offer full ergonomic benefits in all positions. We designed the 360 All Positions baby carrier with a structured bucket seat, ensuring the correct "M" sitting position is maintained even in the 'facing out' position. At the same time, the child's pelvis is gently tipped toward the rear when placed into the carrier, so that the child's upper spine makes contact with the parent's body along its full surface, which supports the physiology of a baby's slightly rounded back. These buttons hold the back panel in place. For additional head and neck support (used for the inward facing positions), fold the panel up and use the top button to buckle in place. Fold the panel down when not in use and secure with the bottom button (Ergobaby logo facing out). These references to ages by months are only general guidelines and each baby's development is different. Front/Inward with Infant Insert (sold separately): 0 - 4 months; 7-12 lbs / 3,2 - 5,5 kg Front/Inward without Infant Insert: 4 - 24 months; 12-26.9 lbs / 5,5 - 12 kg Front/Outward: 5 - 12 months; 14-22 lbs / 6-10 kg Hip: 6 - 24 months; 17.2-26.9 lbs / 8-12 kg Back: 6 - 48 months; 17.2-45 lbs / 8-20 kg Yes, the 360 All Positions carrier allows you to carry your child facing you, facing out, on your hip, or on your back. Yes, all of our Carriers and Infant Inserts (plus insert pillow) are machine washable. Each parent and child is different but usually around 6 months your baby will be ready to be carried on the back and parents are comfortable not having their baby in direct line of sight. Baby must have strong head and neck control and be comfortably seated consistently in the carrier in an ergonomic, "M" position (baby's knees at or higher than baby's hips). People with larger babies who are more developed may choose to put their baby in the back carry position even earlier than 6 months especially for longer carry times since many parents find it more comfortable to wear heavy babies on their backs. Every child develops at their own pace, and parents should decide what is right for them and their baby. Most babies should be ready to face out for short periods of time starting at 5 months of age. When it launched in 2014, our Ergobaby 360 Carrier was tested and passed at the 45 lbs / 20 kg weight rating. Because this carrier was our first forward facing model, we voluntarily lowered the weight rating to ensure that parents were using it correctly. Since the launch of the 360, many parents have been asking why it has a lower weight rating and given the carrier's massive popularity globally, we have re-examined our initial decision and feel confident expanding the weight rating. We've done all the work and independent testing to ensure that this carrier is safe, durable and comfortable for you and baby at 45 lbs / 20 kg. Enjoy! Yes, we hold our products to higher standards than industry requirements. This means your carrier has always been able to support a child up to 45lbs / 20kg. However, we took the extra step to re-test the 360 on safety, durability, and comfort before making this recommendation. So, rest assured! We value ergonomic comfort for parent, and we listen to our customers. When so many parents tell us how much they like the lumbar support waistbelt on the 360 Cool Air Mesh, we decided to change to the same lumbar support on the regular 360 carrier. The double adjusters on the waistbelt also make it easy for parents to adjust and tighten in all positions. To tighten the waistbelt, pull on each end of the waistbelt little by little until you get a tight fit and the lumbar support is centered on your back. You can also try to alternately pull the ends of the waistbelt up and down until you get a tight fit and the lumbar support is centered. The recommended age range of the Ergobaby 360 Cool Air is the same as our All Positions 360 baby carriers. It supports babies from 12 up to 45 lbs /5,5 kg up to 20 kg with the carrier only, and babies from 7 to 12 lbs /3,2 to 5,5 kg with the use of the Ergobaby Infant Insert (sold separately). Infants more than 12 lbs / 5,5 kg but younger than 4 months or without strong and consistent head and neck control must use the Infant Insert with the carrier. Our Easy Snug infant inserts are designed so that you can carry your newborn baby both ergonomically and comfortably in a soothing, nest-like comfort close to you, for a cozy transition to the world from the womb. The Ergobaby Easy Snug infant insert was designed for use with Ergobaby carriers (at the exception of the Omni 360 and Adapt carriers which does not require an infant insert) for babies from newborn up to age ~4 months (from 7-12 lbs / 3,2 - 5,5 kg), or for babies more than 12 lbs / 5,5 kg but younger than 4 months or without strong and consistent head and neck control. It is designed to provide head and neck support and to ensure your newborn is seated both comfortably and ergonomically while in the Ergobaby Carrier. The fan- shaped design securely attaches to Ergobaby's Original or All Positions 360 carriers, for an intuitive loading of baby and more airflow, while providing all the extra thigh, spine, head and neck support your baby needs in his early months. The bottom pillow in the Easy Snug infant insert can be removed from the insert and placed inside the carrier, with your baby sitting on top of it. The use of the pillow alone is for babies with strong and consistent head and neck control who are either too short to bend at the knees when seated in the Carrier or would like to be seated higher in the Carrier. For older babies who still need head and neck support, but can already be seated in the carrier, you can use the shell of the Easy Snug infant insert without the pillow to provide proper support. Front Inward / Front outward carry: Centered in lower back Quick check: The two webbing straps on each side of the waistbelt should be of even length to ensure proper centered position of the lumbar support Hip carry: Centered in lower back The two webbing straps on each side of the waistbelt will not be even in length. Back carry: Centered in abdomen Quick check: The two webbing straps on each side of the waistbelt should be of even length to ensure proper centered position of the lumbar support The All Positions 360 Cool Air Mesh Baby Carrier offers parents and babies the same comfort and ergonomics as our cotton All Positions 360 carriers, with the added benefit of a cooler design, ideal for an active lifestyle or warmer climates. Its breathable, double sided, 3D Air Mesh fabric panel and mesh lining keeps baby and parent cool thanks to more airflow. 360 Cool Air Mesh carrier is made of 100% Polyester fabric that is machine washable, easy to dry and easy to take care of, while our other 360 carriers are made of 100% Premium Cotton fabric. Both the All Positions 360 carrier in cotton and Cool Air Mesh have a lumbar support waistband with buckle. However, some of our older models may have a Velcro waistband instead. Carrying isn't a mandate, but rather the most simple, healthy and easy way to transport a child while promoting a strong bond between the parent and the child. Parents and children should together determine which position and duration is preferred and most comfortable. Follow your baby's lead and respond to her cues. As with all Ergobaby baby carriers, the 360 All Positions carrier can be used from birth (with the Ergobaby Infant Insert) up to approx. 45 lbs. (3.2 to 20 kg). The child's weight is evenly distributed between the shoulders and waist ensuring long, comfortable periods of carrying. The 360 All Positions carrier can be used with our unique, infant insert to carry your baby from birth (starting at 7 lbs./3.2 kg and above). We recommend for the 360 All Positions carrier only be used to carry children in the 'facing out' position once they are 5 months or older, and even then only for short periods of time. Prior to that, the 'facing in' position on the parent's chest is the preferred and most comfortable solution. Yes, as with all of our Ergobaby Carriers you can breastfeed while on the go. This can be done in either the hip or front-inward carry positions. The 360 carrier meets high safety standards. As with all our carriers, it includes safety mechanisms on the hip and shoulder belts. It was developed in collaboration with midwives and baby carrier consultants and extensively tested with parents of babies ranging in age from newborn to 4 years of age. Parents know their children and are in the best position to decide the optimal way to wear their children. Various factors should influence this decision such as the setting, the child's mood, and the approximate carrying time. The 360 All Positions carrier allows you to quickly change between facing in or facing out when circumstances and situations change. We recommend that the 'facing out' position be used when baby has 1) demonstrated proper head and neck control and 2) Can sit up right, unassisted. Midwives and baby wearing consultants appreciate having a truly ergonomic carrier to recommend to parents. They feel comfortable recommending the facing out position for babies 5 months and older. They suggest the 'facing out' position be used for short periods of time. It is our hope that the 360 All Positions carrier may inspire more parents to try and embrace baby wearing without losing sight of the ergonomic aspect for their babies and themselves. Yes you can! Just make sure you support your baby securely as you switch between the black/grey buttons on the bucket seat. Although we have designed the carrier to distribute baby's weight as well as possible, parents will always find baby facing in, hip, and back positions more comfortable.This is due to the weight of the baby resting on the parent instead of away from the parent like they do when 'facing out'. If parents become uncomfortable when baby is facing out, they can quickly and easily transition their baby to any of the other carry positions. Yes, the Ergobaby 360 Carrier ensures that babies are seated in the ergonomically correct, "M" position with knees even to or higher than hips, and a rounded spine. This is true for all 4 carry positions. The bucket seat ensures baby's back will be curved not arched, allowing baby to always be seated ergonomically in all four carry positions. The seat also allows the baby's bottom to be fully supported and prevents pressure on baby's crotch area. Once your baby can see above the front panel of the carrier, has strong head & neck control, and has a natural curiosity to see and interact with the world, they are ready for front-outward carry. We recommend starting with short durations (5-10 minutes) to prevent over-stimulation. If baby shows signs of over-stimulation (zoned out, catatonic, fussy, tired) or sleepiness, just turn them back around to face you so they can find comfort and rest. As one of the leading manufacturers of baby carriers, we knew that any solution we created had to offer full ergonomic benefits in all positions. We designed the 360 All Positions baby carrier with a structured bucket seat, ensuring the correct "M" sitting position is maintained even in the 'facing out' position. At the same time, the child's pelvis is gently tipped toward the rear when placed into the carrier, so that the child's upper spine makes contact with the parent's body along its full surface, which supports the physiology of a baby's slightly rounded back. These buttons hold the back panel in place. For additional head and neck support (used for the inward facing positions), fold the panel up and use the top button to buckle in place. Fold the panel down when not in use and secure with the bottom button (Ergobaby logo facing out). These references to ages by months are only general guidelines and each baby's development is different. Front/Inward with Infant Insert (sold separately): 0 - 4 months; 7-12 lbs / 3,2 - 5,5 kg Front/Inward without Infant Insert: 4 - 24 months; 12-26.9 lbs / 5,5 - 12 kg Front/Outward: 5 - 12 months; 14-22 lbs / 6-10 kg Hip: 6 - 24 months; 17.2-26.9 lbs / 8-12 kg Back: 6 - 48 months; 17.2-45 lbs / 8-20 kg Yes, the 360 All Positions carrier allows you to carry your child facing you, facing out, on your hip, or on your back. Yes, all of our Carriers and Infant Inserts (plus insert pillow) are machine washable. Each parent and child is different but usually around 6 months your baby will be ready to be carried on the back and parents are comfortable not having their baby in direct line of sight. Baby must have strong head and neck control and be comfortably seated consistently in the carrier in an ergonomic, "M" position (baby's knees at or higher than baby's hips). People with larger babies who are more developed may choose to put their baby in the back carry position even earlier than 6 months especially for longer carry times since many parents find it more comfortable to wear heavy babies on their backs. Every child develops at their own pace, and parents should decide what is right for them and their baby. Most babies should be ready to face out for short periods of time starting at 5 months of age. When it launched in 2014, our Ergobaby 360 Carrier was tested and passed at the 45 lbs / 20 kg weight rating. Because this carrier was our first forward facing model, we voluntarily lowered the weight rating to ensure that parents were using it correctly. Since the launch of the 360, many parents have been asking why it has a lower weight rating and given the carrier's massive popularity globally, we have re-examined our initial decision and feel confident expanding the weight rating. We've done all the work and independent testing to ensure that this carrier is safe, durable and comfortable for you and baby at 45 lbs / 20 kg. Enjoy! Yes, we hold our products to higher standards than industry requirements. This means your carrier has always been able to support a child up to 45lbs / 20kg. However, we took the extra step to re-test the 360 on safety, durability, and comfort before making this recommendation. So, rest assured! We value ergonomic comfort for parent, and we listen to our customers. When so many parents tell us how much they like the lumbar support waistbelt on the 360 Cool Air Mesh, we decided to change to the same lumbar support on the regular 360 carrier. The double adjusters on the waistbelt also make it easy for parents to adjust and tighten in all positions. To tighten the waistbelt, pull on each end of the waistbelt little by little until you get a tight fit and the lumbar support is centered on your back. You can also try to alternately pull the ends of the waistbelt up and down until you get a tight fit and the lumbar support is centered. The recommended age range of the Ergobaby 360 Cool Air is the same as our All Positions 360 baby carriers. It supports babies from 12 up to 45 lbs /5,5 kg up to 20 kg with the carrier only, and babies from 7 to 12 lbs /3,2 to 5,5 kg with the use of the Ergobaby Infant Insert (sold separately). Infants more than 12 lbs / 5,5 kg but younger than 4 months or without strong and consistent head and neck control must use the Infant Insert with the carrier. Our Easy Snug infant inserts are designed so that you can carry your newborn baby both ergonomically and comfortably in a soothing, nest-like comfort close to you, for a cozy transition to the world from the womb. The Ergobaby Easy Snug infant insert was designed for use with Ergobaby carriers (at the exception of the Omni 360 and Adapt carriers which does not require an infant insert) for babies from newborn up to age ~4 months (from 7-12 lbs / 3,2 - 5,5 kg), or for babies more than 12 lbs / 5,5 kg but younger than 4 months or without strong and consistent head and neck control. It is designed to provide head and neck support and to ensure your newborn is seated both comfortably and ergonomically while in the Ergobaby Carrier. The fan- shaped design securely attaches to Ergobaby's Original or All Positions 360 carriers, for an intuitive loading of baby and more airflow, while providing all the extra thigh, spine, head and neck support your baby needs in his early months. The bottom pillow in the Easy Snug infant insert can be removed from the insert and placed inside the carrier, with your baby sitting on top of it. The use of the pillow alone is for babies with strong and consistent head and neck control who are either too short to bend at the knees when seated in the Carrier or would like to be seated higher in the Carrier. For older babies who still need head and neck support, but can already be seated in the carrier, you can use the shell of the Easy Snug infant insert without the pillow to provide proper support. Front Inward / Front outward carry: Centered in lower back Quick check: The two webbing straps on each side of the waistbelt should be of even length to ensure proper centered position of the lumbar support Hip carry: Centered in lower back The two webbing straps on each side of the waistbelt will not be even in length. Back carry: Centered in abdomen Quick check: The two webbing straps on each side of the waistbelt should be of even length to ensure proper centered position of the lumbar support The All Positions 360 Cool Air Mesh Baby Carrier offers parents and babies the same comfort and ergonomics as our cotton All Positions 360 carriers, with the added benefit of a cooler design, ideal for an active lifestyle or warmer climates. Its breathable, double sided, 3D Air Mesh fabric panel and mesh lining keeps baby and parent cool thanks to more airflow. 360 Cool Air Mesh carrier is made of 100% Polyester fabric that is machine washable, easy to dry and easy to take care of, while our other 360 carriers are made of 100% Premium Cotton fabric. Both the All Positions 360 carrier in cotton and Cool Air Mesh have a lumbar support waistband with buckle. However, some of our older models may have a Velcro waistband instead. Carrying isn't a mandate, but rather the most simple, healthy and easy way to transport a child while promoting a strong bond between the parent and the child. Parents and children should together determine which position and duration is preferred and most comfortable. Follow your baby's lead and respond to her cues. As with all Ergobaby baby carriers, the 360 All Positions carrier can be used from birth (with the Ergobaby Infant Insert) up to approx. 45 lbs. (3.2 to 20 kg). The child's weight is evenly distributed between the shoulders and waist ensuring long, comfortable periods of carrying. The 360 All Positions carrier can be used with our unique, infant insert to carry your baby from birth (starting at 7 lbs./3.2 kg and above). We recommend for the 360 All Positions carrier only be used to carry children in the 'facing out' position once they are 5 months or older, and even then only for short periods of time. Prior to that, the 'facing in' position on the parent's chest is the preferred and most comfortable solution. Yes, as with all of our Ergobaby Carriers you can breastfeed while on the go. This can be done in either the hip or front-inward carry positions. The 360 carrier meets high safety standards. As with all our carriers, it includes safety mechanisms on the hip and shoulder belts. It was developed in collaboration with midwives and baby carrier consultants and extensively tested with parents of babies ranging in age from newborn to 4 years of age. Parents know their children and are in the best position to decide the optimal way to wear their children. Various factors should influence this decision such as the setting, the child's mood, and the approximate carrying time. The 360 All Positions carrier allows you to quickly change between facing in or facing out when circumstances and situations change. We recommend that the 'facing out' position be used when baby has 1) demonstrated proper head and neck control and 2) Can sit up right, unassisted. Midwives and baby wearing consultants appreciate having a truly ergonomic carrier to recommend to parents. They feel comfortable recommending the facing out position for babies 5 months and older. They suggest the 'facing out' position be used for short periods of time. It is our hope that the 360 All Positions carrier may inspire more parents to try and embrace baby wearing without losing sight of the ergonomic aspect for their babies and themselves. Yes you can! Just make sure you support your baby securely as you switch between the black/grey buttons on the bucket seat. Although we have designed the carrier to distribute baby's weight as well as possible, parents will always find baby facing in, hip, and back positions more comfortable.This is due to the weight of the baby resting on the parent instead of away from the parent like they do when 'facing out'. If parents become uncomfortable when baby is facing out, they can quickly and easily transition their baby to any of the other carry positions. Yes, the Ergobaby 360 Carrier ensures that babies are seated in the ergonomically correct, "M" position with knees even to or higher than hips, and a rounded spine. This is true for all 4 carry positions. The bucket seat ensures baby's back will be curved not arched, allowing baby to always be seated ergonomically in all four carry positions. The seat also allows the baby's bottom to be fully supported and prevents pressure on baby's crotch area. Once your baby can see above the front panel of the carrier, has strong head & neck control, and has a natural curiosity to see and interact with the world, they are ready for front-outward carry. We recommend starting with short durations (5-10 minutes) to prevent over-stimulation. If baby shows signs of over-stimulation (zoned out, catatonic, fussy, tired) or sleepiness, just turn them back around to face you so they can find comfort and rest. As one of the leading manufacturers of baby carriers, we knew that any solution we created had to offer full ergonomic benefits in all positions. We designed the 360 All Positions baby carrier with a structured bucket seat, ensuring the correct "M" sitting position is maintained even in the 'facing out' position. At the same time, the child's pelvis is gently tipped toward the rear when placed into the carrier, so that the child's upper spine makes contact with the parent's body along its full surface, which supports the physiology of a baby's slightly rounded back. These buttons hold the back panel in place. For additional head and neck support (used for the inward facing positions), fold the panel up and use the top button to buckle in place. Fold the panel down when not in use and secure with the bottom button (Ergobaby logo facing out). These references to ages by months are only general guidelines and each baby's development is different. Front/Inward with Infant Insert (sold separately): 0 - 4 months; 7-12 lbs / 3,2 - 5,5 kg Front/Inward without Infant Insert: 4 - 24 months; 12-26.9 lbs / 5,5 - 12 kg Front/Outward: 5 - 12 months; 14-22 lbs / 6-10 kg Hip: 6 - 24 months; 17.2-26.9 lbs / 8-12 kg Back: 6 - 48 months; 17.2-45 lbs / 8-20 kg Yes, the 360 All Positions carrier allows you to carry your child facing you, facing out, on your hip, or on your back. Yes, all of our Carriers and Infant Inserts (plus insert pillow) are machine washable. Each parent and child is different but usually around 6 months your baby will be ready to be carried on the back and parents are comfortable not having their baby in direct line of sight. Baby must have strong head and neck control and be comfortably seated consistently in the carrier in an ergonomic, "M" position (baby's knees at or higher than baby's hips). People with larger babies who are more developed may choose to put their baby in the back carry position even earlier than 6 months especially for longer carry times since many parents find it more comfortable to wear heavy babies on their backs. Every child develops at their own pace, and parents should decide what is right for them and their baby. Most babies should be ready to face out for short periods of time starting at 5 months of age. When it launched in 2014, our Ergobaby 360 Carrier was tested and passed at the 45 lbs / 20 kg weight rating. Because this carrier was our first forward facing model, we voluntarily lowered the weight rating to ensure that parents were using it correctly. Since the launch of the 360, many parents have been asking why it has a lower weight rating and given the carrier's massive popularity globally, we have re-examined our initial decision and feel confident expanding the weight rating. We've done all the work and independent testing to ensure that this carrier is safe, durable and comfortable for you and baby at 45 lbs / 20 kg. Enjoy! Yes, we hold our products to higher standards than industry requirements. This means your carrier has always been able to support a child up to 45lbs / 20kg. However, we took the extra step to re-test the 360 on safety, durability, and comfort before making this recommendation. So, rest assured! We value ergonomic comfort for parent, and we listen to our customers. When so many parents tell us how much they like the lumbar support waistbelt on the 360 Cool Air Mesh, we decided to change to the same lumbar support on the regular 360 carrier. The double adjusters on the waistbelt also make it easy for parents to adjust and tighten in all positions. To tighten the waistbelt, pull on each end of the waistbelt little by little until you get a tight fit and the lumbar support is centered on your back. You can also try to alternately pull the ends of the waistbelt up and down until you get a tight fit and the lumbar support is centered. The recommended age range of the Ergobaby 360 Cool Air is the same as our All Positions 360 baby carriers. It supports babies from 12 up to 45 lbs /5,5 kg up to 20 kg with the carrier only, and babies from 7 to 12 lbs /3,2 to 5,5 kg with the use of the Ergobaby Infant Insert (sold separately). Infants more than 12 lbs / 5,5 kg but younger than 4 months or without strong and consistent head and neck control must use the Infant Insert with the carrier. Our Easy Snug infant inserts are designed so that you can carry your newborn baby both ergonomically and comfortably in a soothing, nest-like comfort close to you, for a cozy transition to the world from the womb. The Ergobaby Easy Snug infant insert was designed for use with Ergobaby carriers (at the exception of the Omni 360 and Adapt carriers which does not require an infant insert) for babies from newborn up to age ~4 months (from 7-12 lbs / 3,2 - 5,5 kg), or for babies more than 12 lbs / 5,5 kg but younger than 4 months or without strong and consistent head and neck control. It is designed to provide head and neck support and to ensure your newborn is seated both comfortably and ergonomically while in the Ergobaby Carrier. The fan- shaped design securely attaches to Ergobaby's Original or All Positions 360 carriers, for an intuitive loading of baby and more airflow, while providing all the extra thigh, spine, head and neck support your baby needs in his early months. The bottom pillow in the Easy Snug infant insert can be removed from the insert and placed inside the carrier, with your baby sitting on top of it. The use of the pillow alone is for babies with strong and consistent head and neck control who are either too short to bend at the knees when seated in the Carrier or would like to be seated higher in the Carrier. For older babies who still need head and neck support, but can already be seated in the carrier, you can use the shell of the Easy Snug infant insert without the pillow to provide proper support. Wondering when your little one can face out in an Ergo baby carrier? Youre not alone! Many parents share this question as they want to enjoy the world together with their baby. Its exciting to think about those moments when your child can see everything happening around them.Developmental Readiness: Babies typically can face out in an Ergo carrier around 4 to 6 months when they exhibit better head and neck control and show interest in their surroundings.Safety First: Always prioritize safety by ensuring adequate support for your babys neck and back before allowing them to face outwards, maintaining the natural M shape for their legs.Benefits of Outward Facing: Facing out enhances your babys engagement with their environment, stimulating curiosity and cognitive development while also improving comfort for parents by distributing weight more evenly.Monitor Babys Cues: Pay attention to your babys reactions to the outward-facing position, looking for signs of discomfort or fatigue, and be ready to switch back to inward-facing if necessary.Consult Experts: Follow pediatric guidelines and ergonomic recommendations to ensure proper support and development for your baby while using an Ergo carrier.Recognizing your babys developmental stages helps determine the right time for them to face out in the Ergo carrier. Each phase has specific needs and milestones.During the newborn phase, from birth to about 3 months, your baby requires extra support. This period is characterized by limited head and neck control. Therefore, its crucial to carry your baby in the inward-facing position. This position provides stability and safety, allowing your little one to snuggle close while nurturing that bonding experience.As your baby grows and develops, youll notice key milestones that indicate theyre ready for different positions. From 4 to 6 months, your baby typically gains better head and neck control. At this stage, observe for signs of readiness such as:Supporting Head: Your baby can hold their head up steadily.Engaging with Surroundings: Your baby shows interest in the world.Weight Guidance: Your baby usually meets or exceeds the carriers recommended weight limit for outward facing.When these milestones are met, they are likely ready to face out in the Ergo carrier, giving them the chance to explore their environment while enjoying the comfort of being close to you.Facing out in an Ergo carrier offers various advantages for both you and your baby. As your little one grows, sharing the world becomes more exciting and interactive.Improved engagement occurs when your baby can see their surroundings. This new perspective stimulates curiosity, which contributes to cognitive development. For example, a baby facing out may respond to visual stimuli like trees, animals, or other children playing. This engagement fosters a sense of adventure, encouraging your baby to explore and learn about their environment actively.Enhanced comfort becomes apparent as your baby grows and gains better head and neck control. By allowing your baby to face out, you distribute their weight more evenly across your body, reducing strain on your back and shoulders. Many parents appreciate this relief during longer outings. Plus, an outward-facing position helps keep you connected with your babys excitement, making the experience enjoyable for both of you.When considering outward-facing positioning in an Ergo carrier, prioritize safety. Understand that specific guidelines ensure both comfort and security for your baby.Ensure your baby receives adequate support before facing outward. Use an Ergo carrier that provides head and neck support for younger babies. This support fosters safety and comfort during carry. Check that your babys back is well-supported and in a natural position. Keep your babys legs in an M shape, with their knees higher than their bottom. This position promotes proper hip development, reducing risks associated with hip dysplasia. Opt for carriers with adjustable straps to achieve the right fit for both you and your baby.Recognize your babys cues as they adjust to facing outward. Look for signs of discomfort, such as fussiness or arching their back. Pay attention to your babys head and neck control; they should show strong support and strength before facing out. Monitor their reactions to the environment, like excitement or increased engagement. This interaction indicates theyre ready to explore in this way. Be prepared to switch to inward-facing positioning if your baby appears overwhelmed or tired. Stay attuned to their needs to ensure a positive experience.When considering when your baby can face out in an Ergo carrier, expert recommendations provide valuable insights into safety and developmental readiness.Pediatricians recommend that babies face inward until they reach around 4 to 6 months of age. By this time, most infants have achieved a stable head and neck control, which is crucial for outward-facing positions. Its essential to monitor your babys milestones, such as the ability to sit without support and exhibit increased curiosity in the environment. Always consult with your pediatrician if youre unsure about your babys readiness for facing out.Ergonomics specialists emphasize the importance of comfort and support when carrying your baby. They advise that when using an outward-facing position, ensure your babys legs are in an M shape for healthy hip development. A properly adjusted carrier should support your babys head, neck, and back. Regularly check your babys comfort level while carrying. If signs of distress, such as fussiness or a lack of engagement, appear, switch back to an inward-facing position. This flexibility allows you to maintain a positive carrying experience while ensuring safety and comfort for your little one.Getting to the point where your baby can face outward in an Ergo carrier is an exciting milestone. As you watch them engage with the world around them its a joy to see their curiosity grow. Remember to stay attuned to their needs and comfort level as you make this transition.By understanding their