



I'm not robot



**Next**

**"MAGICIAN OF THE SEA" By Kelly Hathway**

What do three hearts, eight arms and one huge brain add up to? An octopus, a creature that can do amazing things.

Octopuses are extremely intelligent. They have even learnt a few tricks to get them out of sticky situations, so for example, when it is afraid of a predator. As octopuses don't have teeth or sharp claws to defend themselves, they hide themselves in the sand on the bottom of the ocean floor. Do you want to know how they do that? Well, the octopus is like a chameleon because it can change the color of its skin to match the sand. This color change happens in less than a minute.

Some octopuses like to stay in more shallow water where there are rocks and coral. Because octopuses are invertebrates, they can squeeze themselves into small spaces between the rocks to get out of reach of predators. Another way an octopus can hide is by shooting ink. An octopus uses a part of its body called a siphon to shoot ink into the water. The ink forms a cloud that hides the octopus. It's like a magician doing a vanishing act.

If an octopus is being attacked, it can actually make itself look like a venomous sea snake. It will bury itself in the sand, keeping two arms visible. It will change the color of those arms to match a sea snake. But if there's no time to hide? If an octopus is in trouble, it can break off one of its arms. The arm will then change colors and squirms around the water to distract the predator while the octopus swims away to safety. Don't worry though. The octopus's arm will grow back.

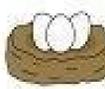
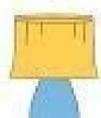
There is one kind of octopus that has venom to use in defense. The blue-ringed octopus is tiny, it could fit in the palm of your hand. Predators might think this size makes the octopus a great snack, but they know to stay away. The blue-ringed octopus is very poisonous and can kill predators much larger than it, including humans.

**Answer the following questions:**

- 1) What is special about the octopus body? \_\_\_\_\_
- 2) Why are octopuses intelligent? \_\_\_\_\_
- 3) What happens to an octopus if it breaks off one of its arms? \_\_\_\_\_
- 4) How do blue-ringed octopuses defend themselves? \_\_\_\_\_

Name \_\_\_\_\_

# Ending Blends

	h_nd		n_st
	l_mp		j_mp
	v_st		g_ft
	m_nt		p_nd
	d_sk		l_st

**Let's Read 6**

<p>book wood cook wood look foot good hook</p>	<p>nose room spoon nose roof school nose best brown nose moon balloon</p>
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1. I have a good book. My book is on the desk. The desk is green.
2. She is a cook. She is in a big room. The room is clean.
3. Tom has a pen. It is big. Tom's pen is in his bag. \_\_\_\_\_
4. Ann has a balloon. Her pink balloon is on her bed. \_\_\_\_\_
5. This is my nose. The nose is under my black desk. \_\_\_\_\_
6. Mary has a big spoon. Her spoon is in her left hand.

<p>I am in a good mood. He is in a bad mood. She is in a good mood. We are in a good mood. They are happy. I am happy too.</p>	<p>My Schoolbag I have a big bag. I have a pencil- box. Three books and three copy- books in my bag. I have a pen, ten pencils and a rubber in my pencil- box. I like my schoolbag.</p>
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<p>she fish ship wish ship wish sheep fish</p>	<p>chick check teacher chips child children chick bench chocolate rich chest cheese</p>
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Have, eat, pencil, ship, wish, eat, sock, room, rock, at, frog, doll, spoon, pen, for, ring, this, left, under, in, to, the, he, she, not, could, can't, roof, cheese, tick, ship, speak, swim, run, school, children, look, rabbit, food, finish, two, nose, window, job, before, tomorrow, open, drink, in, coffee, milk, orange, butter, brown, apple, banana, cream, umbrella, frog.

## Top 10 Superfoods

A superfood is not just ordinary food, it is food that for some reason is especially good for your health, nature's own medicine!

### 1. Honey

Honey is natural and much better for you than sugar because it contains many vitamins, it can even heal wounds if you put some kinds of honey on your skin.



### 2. Blueberries

Blueberries contain anti-oxidants which reduce toxins in your body and help your memory.

### 3. Dark Chocolate

If your chocolate has 70% or more cocoa, eating a little dark chocolate can be very good for you and can actually reduce blood pressure.



### 4. Pistachio Nuts

Pistachios are the least fattening nut, also proven to reduce cholesterol levels in the body.

### 5. Egg Whites

The healthier part of the egg, the egg white can help you maintain strong bones, muscles, nails, and hair.

### 6. Broccoli

It's a rich source of vitamin A, vitamin C, and bone-building vitamin K, and has plenty of fiber to fill you up and help control your weight.



### 7. Sweet potatoes

Orange vegetables can be especially good for you because they contain so many vitamins. Sweet potatoes make a great alternative to ordinary potatoes because they contain healthier potassium instead of sodium.

### 8. Almonds

These nuts are high in protein and in Vitamin E, and calcium. You can also make them into healthy almond oil.



### 9. Salmon

This fish is a super food because of its omega-3 fatty acid content. Studies show that omega-3 fatty acids help protect heart health.



### 10. Goji Berries



Goji Berries have been used in Chinese medicine for centuries. They are high in vitamins B, C & E, and support a healthy immune system, liver and heart.

## Questions 1–5. Write the correct numbers.

1. Which superfood can be made into milk?
2. Which superfood can heal wounds?
3. Which superfood can reduce blood pressure?
4. Which **two** superfoods can protect your heart?
5. Which superfood is good for your bones?

## Questions 6–12. True, false or not given?

6. Sweet potatoes are better for your health than ordinary potatoes.
7. Omega 3 fatty acids are good for your liver.
8. Eating any kind of chocolate is good for your health.
9. Honey is better for your health than sugar.
10. Broccoli can help you if you are on a diet.
11. Egg white is very high in protein.
12. Blueberries do not help reduce toxins in your body.

## Discussion

- ❖ Do you eat any superfoods in this list? If so, which ones?
- ❖ Would you like try any superfoods from this list or add them to your diet?
- ❖ Do you think superfoods really work to make you healthier?
- ❖ Do you know of any other superfoods?
- ❖ If you take vitamins, would you ever give up taking vitamins and eat superfoods instead?

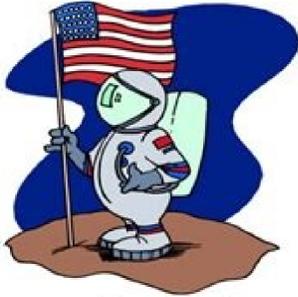
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Skill – Reading Comprehension

Name: \_\_\_\_\_

## The Beautiful Moon

Have you ever dreamed of going to the moon? In July 1969, two American astronauts walked on the moon. Their names were Neil Armstrong and Buzz Aldrin. If you visited the moon today, you would still be able to see their footprints! They also left behind the American flag.



When the astronauts went to the moon, they needed to wear spacesuits and helmets to protect them, because sometimes the moon is very cold and at other times it is very hot. The helmets helped them breathe because there is no air on the moon.

Did you know that if you weighed 70 pounds on Earth, you would weigh only 11 ½ pounds on the moon? And if you went for a walk on the moon, you would bounce with each step. Some people say the moon is made out of Swiss cheese because there are holes, called craters, on the moon. The craters were caused by large rocks from space, called meteorites, hitting the moon. Here is another interesting thing about the moon: Did you know that the moon is like a mirror? It reflects the light of the sun and sends it to Earth and makes the moon look bright and beautiful! Don't you agree we have a beautiful moon?

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For young students, learning to recognize common words is an important step in developing reading skills. Dolch Words - a set of high-frequency words that are vital for young people who learn - represent a good place to start teaching word recognition. The word lists were developed by Edward W. Dolch, a professor at the University of Illinois from 1919 to 1940, who compiled terms that appeared most often in print. Free spreadsheets can help students master words from the Dolch website. [PrA©-primer Dolch Cloze Worksheets](#). Websterlearning Print the PDFs: [Cloze Activities for PrA©-primer](#). The first set of high frequency words are those you will teach your beginning readers. These cloze activities are instructions, where students fill in blank spaces or circulate the correct word or answer - use images to help emerging readers recognize nouns they may not know and help them complete these pages independently. At this level, spreadsheets require beginners to circulate the best of three words between parentheses (the Cloze), since these early readers may also be developing fine motor skills. [Dolch Primer Cloze Worksheets](#). Websterlearning Print the PDFs: [Cloze primer activity as your readers gain vocabulary](#). [Websterlearning Print the PDFs: Cloze primer activity no longer uses photos, although nouns are high-frequency words from the Dolch Noun list or are easily decoded terms such as cat or chap](#). This spreadsheet is designed so that your emerging readers can function independently as you reading high-frequency words. Dolch first grade high frequency cloze activities. Websterlearning Print the PDFs: [Cloze Activities of the first grade](#). These free printables present cloze activities for the first-class words Dolch High-Frequency. As sentences are added, the words from earlier previously they will often appear in these sentences, with the hope that their students have mastered every previous set of words. If that's not the case, identify the words they need to work on and try a variety of multisensory approaches to learn words, such as padding writing. A Dolch cloze activity for second class. Websterlearning Print the PDFs: [Second Class Cloze Activities](#) as your students move forward to high-frequency words from second-class Dolch, should have mastered the previous levels. These printable ones include words that are either not in previous lists or are not perfect to recognize using phonomatic decoding capabilities. Your students should be able to do these exercises independently at this point. Otherwise, review with them the previous worksheets. A third-class cloze activity for Dolch High Frequency Words. Websterlearning Print the PDFs: [Third Degree Cloze Activities](#). There are fewer Dolch phrases in this set, and therefore fewer sheets. When your students have reached this level, hopefully they have already acquired a strong context and phone decoding capabilities to help them read by meaning independently. For students who are struggling to recognize the words, review the terms of the previous level. They require children to use their comprehension skills of reading while also applying everything they have learned in the math class. Most problems with of words are usually quite simple. There are some bowling balls, but in moon day most third, fourth and fifth year students should be able to solve problems of word multiplication. The problems of words were conceived as a way of making students understand how mathematics has a real, practical life. By being able to multiply, yeah able to discover some really useful information. Words problems can sometimes be confused. Unlike simple equations, the problems of words contain words, numbers and extra descriptions that apparently have no relevance to the question. another ability that your students are perfecting. Deductive reasoning and a process of eliminating strange information. See the following example of the real world of a word multiplier problem: the grandmother cooked four dozen cookies. There's gonna be a 24-year-old party. Can each child receive two cookies? The total cookies that have to be 48, from 4 x 12 = 48. To know if each child can have two biscuits, 24 x 2 = 48. So yes, grandmother went through as a champion. Each child can have exactly two biscuits. None left. These worksheets contain simple problems of word multiplication. The student should read the word problem and derive from it an equation of multiplication. He or she can then solve the problem by mental multiplication and express the answer in the appropriate units. Students should have a concrete understanding of the meaning of multiplication before trying these worksheets. You can choose from three worksheets with one or two digit multipliers. Each worksheet advances in difficulty. The worksheet first has the simplest problems. For example: On your birthday, seven friends will receive a surprise bag. Every surprise bag will have four priors brains inside him. How many priors do we need to buy to fill the surprise bags? Here is an example of a word problem using a multiplier of a digit of Worksheet 2: "In nine weeks, Yemen goes to the circus. How many days before going to the circus?" Here is a sample of a problem of two digits of worksheet 3: each individual bag of popcorn has 76 grains and is in a box containing 16 bags. How many have every case? There are two worksheets with word problems that are using multipliers from two to three different. Review this word word Using a three-digit multiplier of spreadsheet 1: Each one has 287 hands on it. How many hands are in 37 bushels? Here is an example of a real word problem using a two-digit worksheet 2 multiplier: if you typed 85 words per minute, how many words would you be able to enter 14 minutes? minutes?



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